

Statistics

[Quarterly suicide death registrations in England: 2001 to 2018 registrations and 2019 provisional data](#) Provisional rate and number of suicide deaths registered in England per quarter. Includes 2001 to 2018 registrations and provisional data for 2019. [Samaritans response](#)

[Samaritans Suicide statistics report - Latest statistics for the UK and Republic of Ireland](#) This report pulls together data from national statistical agencies to provide an overview of the latest suicide rates and trends for the UK and Republic of Ireland. [Press release](#)

[Samaritans Scotland: Reducing self-harm key to suicide prevention](#) Last year in Scotland, deaths by suicide increased from 680 in 2017 to 784 in 2018, a rise of 15%. Among under 25s, the suicide rate increased by 50% with a particularly sharp rise among young women. The suicide rate among under 25s in Scotland is now at its highest level in over a decade.

Strategy

[Northern Ireland Suicide Prevention Strategy](#) Protect Life 2 2019-24 is a long-term strategy for reducing suicides and the incidence of self-harm with action delivered across a range of Government departments, agencies, and sectors.

Systematic Review

[The association between mental disorders and suicide: A systematic review and meta-analysis of record linkage studies](#) The risk of suicide is markedly greater in people with a current or previous diagnosis of mental disorder than those without such a diagnosis.

NICE Quality Standard

[Suicide prevention - NICE Quality Standard](#) This quality standard covers ways to reduce suicide and help people bereaved or affected by suicide. It describes high-quality care in priority areas for improvement. It does not cover national strategies (including internet safety), general mental wellbeing, or areas such as the treatment and management of self-harm or mental health conditions. [Press release](#)

Study

[Gender Minority Mental Health in the U.S.: Results of a National Survey on College Campuses](#) A new US [study](#) found that transgender and gender-nonconforming students are four times more likely to report mental health issues than their peers. Three per cent of gender-minority students said they had attempted suicide, compared to less than 1 per cent of their cisgender peers.

Paper

[Suicide Prevention Mobile Apps: Descriptive Analysis of Apps from the Most Popular Virtual Stores](#) Although there are positive approaches to the use of apps for suicide prevention and follow-up, the technical and human aspects are yet to be explored and defined.

News

[Facebook and Instagram tighten rules on self-harm images](#) Facebook will no longer allow graphic images of self-harm on its platform as the company tightens its policies following criticism of the moderation of violent and potentially dangerous content on social media.