

Article

[Trends in Suicide Among Youth Aged 10 to 19 Years in the United States, 1975 to 2016](#)

Rates of suicide in the United States have historically been higher in male individuals than in female individuals across all age groups. However, 2 recent reports reveal that female youth are experiencing a greater percentage increase in suicide rates compared with male youth. A study of youth aged 15 to 19 years showed suicide rates for female individuals more than doubled from 2007 to 2015, compared with a 31% increase for male individuals; an additional report found female youth aged 10 to 14 years experienced the largest percentage increase in suicide rates compared with other age groups.

[Prevalence of non-suicidal self-harm and service contact in England, 2000–14: repeated cross-sectional surveys of the general population](#)

The prevalence of self-reported lifetime NSSH increased from 2.4% in 2000, to 6.4% in 2014. Increases in prevalence were noted in both sexes and across age groups—most notably in women and girls aged 16–24 years, in whom prevalence increased from 6.5% in 2000, to 19.7% in 2014. The proportion of the population reporting NSSH to relieve unpleasant feelings of anger, tension, anxiety, or depression increased from 1.4% to 4.0% in men and boys, and from 2.1% to 6.8% in women and girls, between 2000 and 2014. In 2014, 59.4% of participants who had engaged in NSSH reported no consequent medical or psychological service contact, compared with 51.2% in 2000 and 51.8% in 2007. Male participants and those aged 16–34 years were less likely to have contact with health services than were female participants and older people.

Research

[Suicide prevention research recognised in the 'Nation's Lifesavers List'](#)

Research commissioned by Samaritans and conducted by Middlesex university aims to investigate how people react when they meet people who are in distress or are suicidal. The online survey is currently open to the public and appealing for participants.

News

[Samaritans welcomes #SaferThames campaign that will help save lives](#)

Samaritans welcomes the launch of a campaign to make the Thames river a safer place for people in crisis.