



Mersey Care
NHS Foundation Trust

Community and Mental Health Services

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Systematic Reviews

[Compulsory detention under the Mental Health Act: significantly more likely if you come from a BAME or migrant group](#) This blog post reports on an exploration of a recent systematic review and meta-analysis, which highlights ethnic variations in compulsory detention under the Mental Health Act.

[New insights into how ethnicity and culture affect maternal mental health](#) This mixed methods systematic review found that ethnicity and culture can affect women seeking help for mental problems before or after having a baby, such as language barriers and fear of judgement by healthcare professionals and family members.

[Characterizing emotional Stroop interference in posttraumatic stress disorder, major depression and anxiety disorders: A systematic review and meta-analysis](#) A systematic review on emotional Stroop performance in individuals with a diagnosis of posttraumatic stress disorder, major depressive disorder or anxiety disorders separately highlighted the importance of diagnosis-relevant information on attentional processing in all three clinical populations.

Statistics

[Personal well-being estimates](#) The Office for National Statistics has published its latest release on estimates of life satisfaction, worthwhile, happiness and anxiety in the UK. [Quality information](#)

Review

[Racial disparities in bipolar disorder diagnosis and treatment: time to talk about racism](#) The authors found that race and gender play a significant role in misdiagnosis and ethnicity also was a factor in treatment, response to treatment and prognosis.

[Improving care for people with bipolar disorder: meeting unmet needs](#) This blog post from the Mental Elf reports on a narrative review of the recent bipolar disorder literature focussing on early identification, intervention, treatment and outcomes.

Study

[Depression in young people: are we researching what matters most?](#) Studies of treatment for depression have mostly focused on the symptoms related to depression, or how well the young person can function, often as reported by practitioners rather than young people themselves.

Article

[Off-label use of ketamine for treatment resistant depression in clinical practice: European perspective](#) This paper seeks to explain the ethical, regulatory and procedural framework for the off-label use of ketamine for treatment-resistant depression within a public healthcare system.

News

[Free mental health training for small and medium-sized businesses and charities](#)

Podcast

[Dozens of comedians join a new CALM podcast](#) Each episode features comedians reflecting on their mental health.

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