

Study

[High suicidality among people experiencing domestic abuse: findings from a mixed methods Refuge study](#) This blog post from the Mental Elf discusses a recent study that investigated the prevalence of suicidality and associated factors in a large sample of people accessing Refuge services. The study utilised data from Refuge's national casework database along with conducting interviews with Refuge practitioners. The authors concluded a high prevalence of suicidality and recommended that multidisciplinary staff must enable disclosure of suicidality by victims of DA and provide flexible and tailored support, including longer-term, requiring well-resourced services and well-supported staff.

Report

[Suicide and self-harm in Britain: researching risk and resilience](#) This report funded by the National Institute for Health Research produced by NatCen Social Research sought to review by means of national surveys from the last 20 years data in order to profile who is at greatest risk of suicidal thoughts, attempts, and non-suicidal self-harm through application of comparable analysis techniques. Findings included an increase in reporting non-suicidal self-harm, identifying many different factors that have independent associations with suicidal thoughts and self-harm and offers recommendations for service providers, commissioners, employers, media and community. [A summary of the report from The Mental Elf](#)

News

[NHS to test new rapid care measures for patients with the most urgent mental and physical health needs](#) NHS England have announced as part of the new NHS standard people who arrive at A&E experiencing a mental health crisis will receive emergency care within one hour.