

elderly vascular geriatrics  
Alzheimer's environment  
cognition early onset  
fronto-temporal research  
memory old age  
dementia  
support  
lewy bodies



NHS

Mersey Care  
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Community and Mental Health Services

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## Consultation

[Dementia NICE quality standard - Draft for consultation](#) NICE have produced a new draft quality standard on dementia, covering prevention, assessment, management and health and social care support. The final quality standard is expected to be published in June 2019.

## Reviews

['Well – what do you know?' Insights into information work among carers of people living with dementia](#) The review found variations in what was meant by information and highlighted a tendency to discount the efforts necessary by carers to access the information at the point of need.

[Comparative efficacy and safety of cognitive enhancers for treating vascular cognitive impairment: systematic review and Bayesian network meta-analysis](#) the authors found that donepezil and rivastigmine were significantly more effective than placebo in reducing minimal state examination scores, donepezil, glantamine and memantine demonstrated superior benefits on cognition, and memantine provided significant efficacy in global status.

## Studies

[Regional protein expression in human Alzheimer's brain correlates with disease severity](#) A study of the differences between healthy brains and those with Alzheimer's Disease has published one of the largest ever data sets of its type. The data has also been made freely available [online](#) for further research to utilise.

[Effect of Intensive vs Standard Blood Pressure Control on Probable Dementia: A Randomized Clinical Trial](#) This paper describes the results of a randomised clinical trial conducted for the SPRINT research group which sought to evaluate the effects of blood pressure control on dementia risk. The study found that intensive BP control significantly reduced the risk of mild cognitive impairment although did not find significant differences in those treated with a BP goal of less than 120mm Hg compared with a goal of less than 140 mm Hg.

## Toolkit

[New Fidget Widget toolkit provides meaningful activity for those living with dementia](#) An Alzheimer's Society and University of Central Lancashire (UCLan) funded innovation has created five tactile wooden tools – the Fidget Widget toolkit. The aim of the widgets are to provide meaningful activity for those living with dementia who experience fidgeting behaviours.

## Publications

[Mental Capacity \(Amendment\) Bill: easy read](#) The government have published a new easy-read version of the MCA bill, summarising the key points in an accessible way.

[Public attitudes towards dementia](#) This document, published by Alzheimer's Research UK and the Dementia Statistics Hub, finds that although over 52% have been affected by dementia in some way, awareness and understanding of some aspects are substantially lower.

## Advice

[Gardening with dementia](#) This article from Dementia UK discusses the benefits of gardening in providing stimulation and activity for people living with dementia, including simple suggestions and recommendations for care-givers in planning activities.

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