

Guidance

[Managing common infections: guidance for primary care](#) This is guidance for managing common infections, including upper and lower respiratory and urinary tract infections.

[Public Co-Applicants in Research – guidance on roles and responsibilities](#) This guidance was developed jointly by the NHS R&D Forum, the Health Research Authority and INVOLVE and is intended to help researchers wanting to include a public co-applicant in a study, public contributors wanting to become a co-applicant, research staff who co-ordinate public involvement activities and those working in research organisations to review research applications.

[Polypharmacy: Getting our medicines right](#) The best practice statements made in this guidance aim to set out a picture of what good systems could (and should) have in place and how healthcare professionals address the potential problems that can arise from polypharmacy.

[Social prescribing and community-based support: Summary guide](#) This Social Prescribing Summary Guide is intended for people and organisations leading local implementation of social prescribing.

[Cough \(acute\): antimicrobial prescribing](#) This NICE guideline sets out an antimicrobial prescribing strategy for acute cough associated with an upper respiratory tract infection or acute bronchitis in adults, young people and children.

Publications

[Universal Personalised Care: Implementing the Comprehensive Model](#) This paper from NHS England outlines how personalised Care will benefit up to 2.5 million people by 2024, giving them the same choice and control over their mental and physical health that they have come to expect in every other aspect of their life. This document confirms how we will do this by 2023/24. It is the action plan for the rolling out personalised care across England.

[Health matters: preventing cardiovascular disease](#) The [NHS Long Term Plan](#) includes a major ambition to prevent 150,000 strokes, heart attacks and vascular dementia cases over the next 10 years.

[Cervical screening: acceptable HPV tests](#) This document provides details of tests for high-risk human papillomavirus (HPV), that have been approved for use in the NHS Cervical Screening Programme (NHSCSP).

Campaign

[New campaign to recruit thousands more adult social care staff](#) The government has launched a new campaign entitled 'Every Day Is Different' aimed at helping to fill the 110,000 vacancies in the adult social care sector.

Commentary

[UK Chief Medical Officers' \(CMO\) commentary on 'Screen-based activities and children and young people's mental health and psychosocial wellbeing: a systematic map of reviews'](#) This document is a commentary on University College London's recent, independent research concerning 'screen-based activities' (e.g. watching videos online, social media use, gaming and similar activities), the mental health of children and young people (CYP) and the steps organisations should take.

Reports

[Mental health and moving from school to further and higher education](#) Finding our own way explores the impact of transitions between further and higher education on students' mental health and ways in which these might be improved.

[NHS staff shortages put long-term vision for primary and community care at risk](#) A [new report](#) by the Health Foundation highlights that NHS staff numbers are failing to keep pace with demand and that there is ongoing deterioration in workforce numbers in critical areas such as primary and community care, nursing and mental health.

[A critical moment : NHS staffing, trends, retention and attrition](#) This is the third annual report analysing the staff profile and trends in the NHS workforce in England. It is intended to be read as an annual update, examining changes in the overall profile of NHS staffing in 2018.

Studies

[Evaluating the quality of health information in a changing digital ecosystem](#) This [study](#) in the Journal of Medical Internet Research highlights the challenges of consumer health information seeking and the importance of developing support tools that would help users seek, evaluate, and analyze information in the changing digital ecosystem.

[Several antibiotics appear effective against early-stage Lyme disease](#) This comprehensive analysis examined data from studies on antibiotic therapy for erythema migrans, the most common and only clinically diagnostic sign of early Lyme disease.

[NHS managers need support to use tools to ensure safe nurse staffing levels](#) The study identified seven key explanations for why tools may work in given situations. The findings may help NHS leaders to ensure that tools and technologies for workforce planning are used efficiently.

[Focus on schizophrenia: the forgotten illness again](#) The charity SANE highlights a new study that states despite the progress in mental health awareness and advances in treatments, the quality of life for those affected by schizophrenia is not improving.

Statistics

[Combined Performance Summary: December 2018 - January 2019](#) NHS England published its [Combined Performance Summary](#), which provides data on key performance measures for December 2018 and January 2019.

[Mental Health Services Monthly Statistics – Final November, Provisional December 2018](#) This publication provides the most timely statistics available relating to NHS funded secondary mental health, learning disabilities and autism services in England.

Amendment Bill

[Mental Capacity \(Amendment\) Bill: easy read](#) The department of health have published a detailed explanation about the implications of the Mental Capacity (Amendment) Bill in an easy to read format.