



# Intellectual disabilities Learning disabilities



**NHS**

**Mersey Care**  
NHS Foundation Trust

Community and Mental Health Services

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## Guidance

[Person-centred future planning - A quick guide for practitioners supporting people growing older with learning disabilities](#) The Social Care Institute for Excellence have published a quick guide designed to help health practitioners support older people with learning disabilities including looking at planning for the future, future housing and person-centred planning for now.

## Publications

[NHS Long Term Plan in easy read](#) An easy read, version of the NHS Long Term Plan is now available which summarises the key points in an accessible way.

[Mental Capacity \(Amendment\) Bill: easy read](#) The government have published a new easy-read version of the Mental Capacity Amendment bill, summarising the key points in an accessible way.

## Statistics

[Health and Care of People with Learning Disabilities, Experimental Statistics: 2017 to 2018](#)

NHS Digital have published statistical data on key issues for people with a learning disability in England using data from April 2017-March 2019. The statistics demonstrate a variety of health trends including that patients with learning difficulties have a lower life expectancy than the general population, a higher prevalence of epilepsy and were less likely to receive cancer screenings.

[Learning Disability Services Monthly Statistics - Provisional Statistics \(AT: December 2018, MHSDS: October 2018 Final\)](#) NHS digital have published the latest data on Learning Disabilities and Autism in relation to Mental Health Services. The updated data shows that at the end of 2018, although more inpatients were discharged than admitted, 57% of inpatients had a total length of stay of more than 2 years, with more 25-35 year olds and more males than females in inpatient facilities.

## Documentary

[PossABILITY](#) A documentary from Radio 1's Life Hacks, PossABILITY explores the paths of people with learning disabilities and highlights limitations and barriers they face in terms of employment.

## News

[Mencap and Sport England join forces to help 4,000 people with a learning disability to get active](#) People with a learning disability are nearly twice as likely to be inactive, twice as likely to become obese, and have shorter lifespans. Mencap and Sport England have recently launched a £1.7 million Round the World Challenge to address this - supporting over 4,000 people to get active over 3 years through 27 'participation hubs' across England.

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