

Report

[Everybody's Business: A report on suicide prevention in Wales](#) A recent report from the Welsh assembly has highlighted the rate of suicides in Wales. In 2017, 360 people died by suicide in Wales; this is around 3 times the number killed in road accidents. 77% of these suicides were by men, which means the male rate is now more than 3 times higher than the female rate. The figures also show that men aged 40-44 have the highest suicide rate in Wales and that rates are 2 -3 times higher in the most deprived areas compared to the most affluent. The assembly paper put forth recommended measures to reduce suicide including the introduction of a national suicide prevention training framework. [Samaritans comments](#)

Research

[Mental health outcomes after major trauma in Ontario: a population-based analysis](#) A population based longitudinal analysis of patients treated for major trauma in Ontario between 2005 and 2010 found that Survivors of major trauma are at a heightened risk of developing mental health conditions or death by suicide in the years after their injury. Patients with pre-existing mental health disorders or who are recovering from a self-inflicted injury are at particularly high risk.

News

[Liverpool to be first to turn red fire engines 'Samaritans' green](#) Samaritans has unveiled its first branded fire engines. Liverpool Samaritans has worked with Merseyside Fire and Rescue to create two fire engines which proudly display the charity's logo and phone number. It's the first time a local authority has come together to jointly fund a project to raise awareness about Samaritans, and the lifeline it offers to anyone who is struggling to cope and needs help.

Wishing all our readers a Merry Christmas & a Happy New Year!

Merry Christmas

