

elderly vascular geriatrics
Alzheimer's environment
cognition early onset
fronto-temporal research
memory old age
dementia
support
lewy bodies



NHS
Mersey Care
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Community and Mental Health Services

5 November 2018

Cochrane Review

[Vitamin and mineral supplementation for preventing dementia or delaying cognitive decline in people with mild cognitive impairment](#) This Cochrane review investigated whether people with mild cognitive impairment can reduce their risk of developing dementia, or can prevent their memory or other thinking skills from deteriorating further, by taking vitamin or mineral supplements. However the authors conclude that there is limited evidence that about vitamin and mineral supplements for treating MCI in people without nutritional deficiency and it is not currently possible to identify any supplements which can reduce the risk of people with MCI developing dementia or which can effectively treat their symptoms.

Study

[Can museums help prevent dementia?](#) The Mental Elf summarises a retrospective cohort study of museum attendance and dementia incidence, which suggests that cultural engagement may help prevent or limit cognitive decline. Although the paper acknowledges the many other variables and limitations of the study type the conclusions nonetheless have potential implications for both further research and practice.

Report

[The state of health care and adult social care in England 2017/18](#) This report analyses inspection and ratings data from 2017 to 2018 to provide an assessment of the state of health care and adult social care in England. The report covers a wide array of topics including those related to dementia care both in the community and in residential settings.

Guidance

[Depression & Alzheimer's](#) Depression is very common among people with Alzheimer's, especially during the early and middle stages. Treatment is available and can make a significant difference in quality of life. The Alzheimer's Society has published guidance for care-givers to help them identify the signs and symptoms of depression in someone with Alzheimer's.

[NICE Bites: Dementia](#) NICE Bites is a monthly prescribing bulletin published by North West Medicines Information centre which summarises key recommendations from NICE guidance. Issue 111 covers the assessment, management and support for people living with dementia and their carers. Sections covered include: diagnosis, review after diagnosis, involving people in decision-making, providing information, pharmacological treatment, managing non-cognitive symptoms, assessing and managing co-morbidities, risks during hospital admission and palliative care.

[Dementia UK Publishes Carer's Assessment Guidance](#) Dementia UK has published new advice on how people looking after someone with dementia can receive a Carer's Assessment: an assessment of their financial and practical needs which is conducted by their Local Authority or Local Council Services.

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