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Suicide prevention
crisis research risk **self-harm**
assessment resources

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Framework

Self-harm and Suicide Prevention Competence Framework The framework produced by UCL and HEE, provides recommendations and suggestions about best practice in the light of current knowledge of the effectiveness of approaches and interventions in suicide prevention. The document provides three parallel frameworks – which overlap in terms of content, which have been separated because they describe work with different populations and in different contexts: **working with children and young people (from 8 years upwards); **working with adults and older adults (from 18 years upwards); **working with the public (community and public health).

Articles

Risk factors for self-harm in people with epilepsy This study, which looked at data around people with epilepsy in England from 1998-2014, found that people with epilepsy have elevated self-harm risk, especially in the first year following diagnosis. The paper recommends that clinicians should adequately monitor these individuals and be especially vigilant to self-harm risk in people with epilepsy and comorbid mental illness, frequent healthcare service contact, those taking multiple AEDs and during treatment augmentation.

Shifting Beliefs about Suicide in the Construction Industry This paper describes a suicide prevention initiative in construction sites in Australia, aimed at combatting stigma around mental health and improving workplace culture to encourage help-seeking. The study found that gatekeeper training may help shift some beliefs about mental health and suicide in this population.

Incidence and Method of Suicide in Hospitals in the United States Analysis of inpatient suicide methods in US hospitals, based on a cross sectional analysis of data from 27 states, suggests that hospital prevention efforts should be primarily focused on mitigating risks associated with hanging, and additional suicide prevention efforts may be best directed toward reducing the risk of suicide immediately following discharge.

Toolkit

Crisis Supports for the Autism Community The American Association of Suicidology (AAS) has released a toolkit to help support individuals with autism during a crisis. It was designed to aide crisis centre workers in identifying and support but has wider applications.

Statistics

Suicide prevention profile: November 2018 update This profile update contains data on suicide, associated prevalence, risk factors, and service contact among groups at increased risk for 2015-2017.

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