

3 min guide on How to: Save a search Export your results Re-run a saved search



Save a search

1. Type a **name** for the search in 'Current Search Strategy' then click **Save Strategy**.



Current search strategy:		DBS and BPD	Save Strategy
	Database(s)	Search Term	
<input type="checkbox"/> 1	Medline	("dialectical behavio* therapy").ti,ab	View Results (569)
<input type="checkbox"/> 2	Medline	("borderline personality disorder").ti,ab	View Results (5,124)
<input type="checkbox"/> 3	Medline	("self harm" OR self-harm).ti,ab	View Results (3,888)
<input checked="" type="checkbox"/> 4	Medline	(1 AND 2 AND 3)	Viewing (38)

Export your results

1. **Tick** the boxes beside the records you'd like to keep.

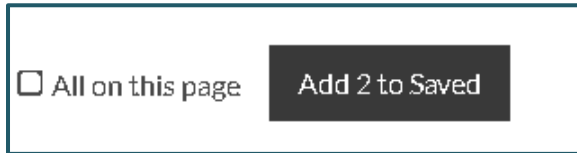
3. Skills use and common treatment processes in dialectical behaviour therapy for borderline personality disorder.

Author(s) Barnicot, Kirsten; Gonzalez, Rafael; McCabe, Rosemarie; Priebe, Stefan
Source Journal of behavior therapy and experimental psychiatry; Sep 2016; vol. 52 ; p. 147-156
Publication Date Sep 2016
DOI [10.1016/j.jbtep.2016.04.006](#)
ISSN 1873-7943
Database Medline
[Show Abstract](#)
◦ Available at Journal of behavior therapy and experimental psychiatry from ClinicalKey

4. Dialectical behavior therapy for adolescents with repeated suicidal and self-harming behavior: a randomized trial.

Author(s) Mehlum, Lars; Tørmoen, Anita J; Ramberg, Maria; Haga, Egil; Diep, Lien M et al.
Source Journal of the American Academy of Child and Adolescent Psychiatry; Oct 2014; vol. 53 (no. 10); p. 1082-1091
Publication Date Oct 2014
DOI [10.1016/j.jaac.2014.07.003](#)
ISSN 1527-5418
Database Medline
[Show Abstract](#)
◦ Available at Journal of the American Academy of Child and Adolescent Psychiatry from ClinicalKey
◦ Available at Journal of the American Academy of Child and Adolescent Psychiatry from ClinicalKey

2. Scroll down the page and click 'Add (number) to Saved.' You will need to do this for each page of results (there are usually 25 results per page). If you move onto the next page of results without saving, your selections will be lost.



3. **Scroll back up** to the top of you search strategy. **Tick** the box next to **saved results**, then export options. The options already selected are recommended but you may alter these. Choose to export your results as a file that you can **save** or **email** them to yourself.

Database(s)	Search Term		
<input checked="" type="checkbox"/>	Saved Results	Viewing (2)	
<input type="checkbox"/> 1	Medline	("dialectical behavio* therapy").ti,ab	View Results (569) Edit
<input type="checkbox"/> 2	Medline	("borderline personality disorder").ti,ab	View Results (5,124) Edit
<input type="checkbox"/> 3	Medline	("self harm" OR self-harm).ti,ab	View Results (3,888) Edit
<input type="checkbox"/> 4	Medline	(1 AND 2 AND 3)	View Results (38)

All Rerun Searches Refresh Search Copy AND OR Combine **Export Options**

Choose from the options here for export of row Saved results on search strategy 292992.

Include History Type: Short Medium Full

Records: 100

Output Format: PDF

Action: **Save File** Email Results

4. At a later date you will be able to **click on the links** in the exported abstracts and download the articles. If you're not already logged into your NHS OpenAthens account will need to **login** again. Always search the page for the **OpenAthens** link and click on that.

HDAS Export
Search Strategy: DBS and BPD 17 Oct 17 - 09:58

Results Saved Results
2 of 2 saved results

1. Skills use and common treatment processes in dialectical behaviour therapy for borderline personality disorder.
 Authors Barnicot, Kirsten; Gonzalez, Rafael; McCabe, Rosemarie; Prishie, Stefan
 Source Journal of behavior therapy and experimental psychiatry; Sep 2016; vol. 52; p. 147-156
 Publication Date Sep 2016
 Publication Type(s) Research Support, Non-u.s. Gov't Journal Article
 PubMedID 27132175
 Database Medline
 Abstract Available in Journal of behavior therapy and experimental psychiatry from ClinicalKey
 BACKGROUND AND OBJECTIVES: Dialectical behaviour therapy (DBT) trains participants to use behavioural skills for managing their emotions. The study aimed to evaluate whether skills use is associated with positive treatment outcomes independently of treatment processes that are common across different therapeutic models. METHOD: Use of the DBT skills and three common treatment processes (therapeutic alliance, treatment credibility and self-efficacy) were assessed every 2 months for a year in 70 individuals with borderline personality disorder receiving DBT. Mixed multilevel modelling was used to determine the association of these factors with frequency of self-harm and with treatment dropout. RESULTS: Participants who used the skills less often at any timepoint were more likely to drop out of DBT in the subsequent two months. Independently of their self-efficacy, therapeutic alliance or perceived treatment credibility, more frequent use of the DBT skills and higher self-efficacy were each independently associated with less frequent concurrent self-harm. Treatment credibility and the alliance were not independently associated with self-harm or treatment dropout. LIMITATIONS: The skills use measure could not be applied to a control group who did not receive DBT. The sample size was insufficient for structural equation modelling. CONCLUSION: Practising the DBT skills and building an increased sense of self-efficacy may be important and partially independent treatment processes in dialectical behaviour therapy. However, the direction of the association between these variables and self-harm requires further evaluation.

Other support options

- Try OpenAthens Log in
- Connect to ProQuest through your library network and search ProQuest content from there.

Authentication Point

OpenAthens username: nhscpayne008

OpenAthens password:

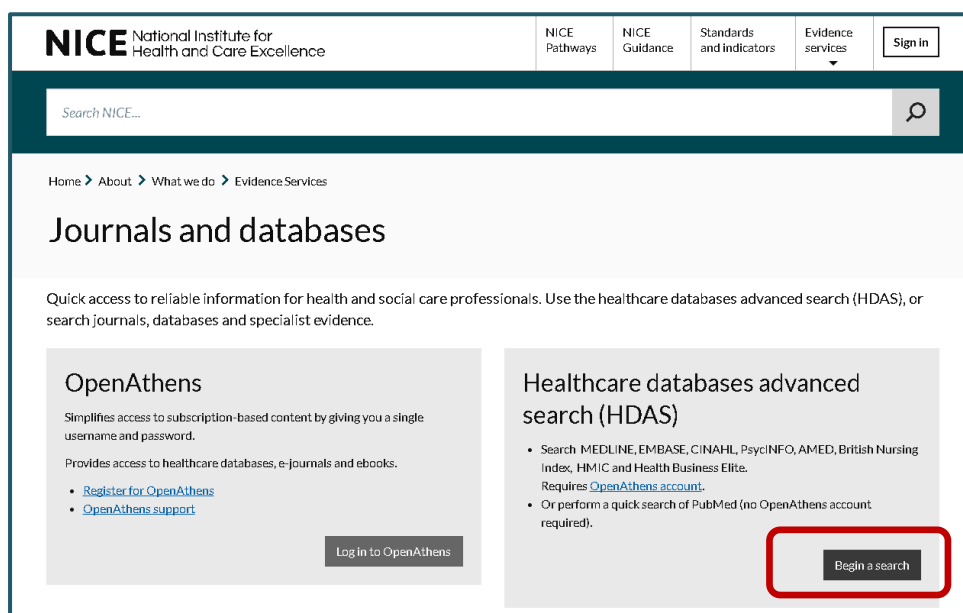
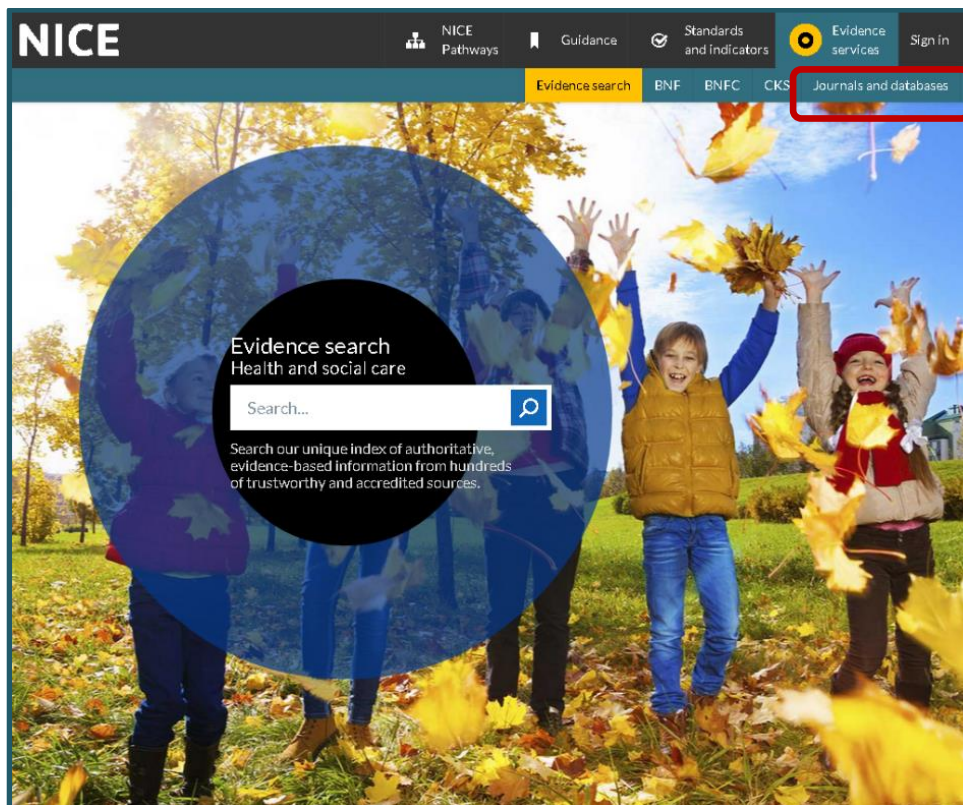
[Forgotten password?](#)
[Alternative login | Login help](#)

Re-run a saved search

1. Go to:

www.evidence.nhs.uk

2. Click on '**Journals and Databases**' then '**Begin a search**' (see images below).



3. You will need to **Login to OpenAthens** using your user name and password.

NICE Healthcare Databases
Advanced Search [Login to OpenAthens](#)

New Search Strategy [Help](#) [Cookies](#)

Welcome to HDAS ×
Please visit the help file for tips, guides and videos on how the features work
We have been notified by the providers of OpenAthens that they will be conducting maintenance on the service between the hours of 7-9 am (UK time) on Tuesday, 10th October and Tuesday, 17th October. Some services may be temporarily unavailable during this period.

Your HDAS session has now ended but you are still logged in to OpenAthens. If you do not logout of OpenAthens or close your browser down at this point, your username and password information will remain active on this machine.
[Logout of OpenAthens](#)

Log in with your OpenAthens account to access all 9 databases, with links to full text journals where available.

[Search](#)

[Databases](#) [Login for all databases](#)

OpenAthens

Sign in with an OpenAthens account.

Username

Password

[Problems signing in?](#)

4. Click on My [Search Strategies](#)

NICE Healthcare Databases
Advanced Search

New Search Strategy **My Search Strategies** Saved Results Alerts Import

Welcome to HDAS
Please visit the help file for tips, guides and videos on how the features work

Search Select databases and search, or query thesaurus Search Th

Databases

- Select All
- AMED
- BNI
- CINAHL
- EMBASE
- HBE
- HMIC
- Medline
- PsycINFO
- PubMed

Hover over a database for more information...

5. [Tick](#) the box next to the search you want and click on [clone](#).

<input type="checkbox"/> Last Used	Name	Searches	Saved Results	Alerts	Databases	
<input checked="" type="checkbox"/> 17 Oct 17 - 09:58	DBSandBPD	4	2	0	Medline	Clone
<input type="checkbox"/> 18 May 17 - 13:34	iapt	5	3	0	PsycINFO	Clone
<input type="checkbox"/> 15 Mar 17 - 10:44	bed stratification	9	3	0	Medline	Clone

For a more effective search follow our 3 minute 'Search tips' e-guide in our [Training](#) section at



www.evidenceinmind.co.uk