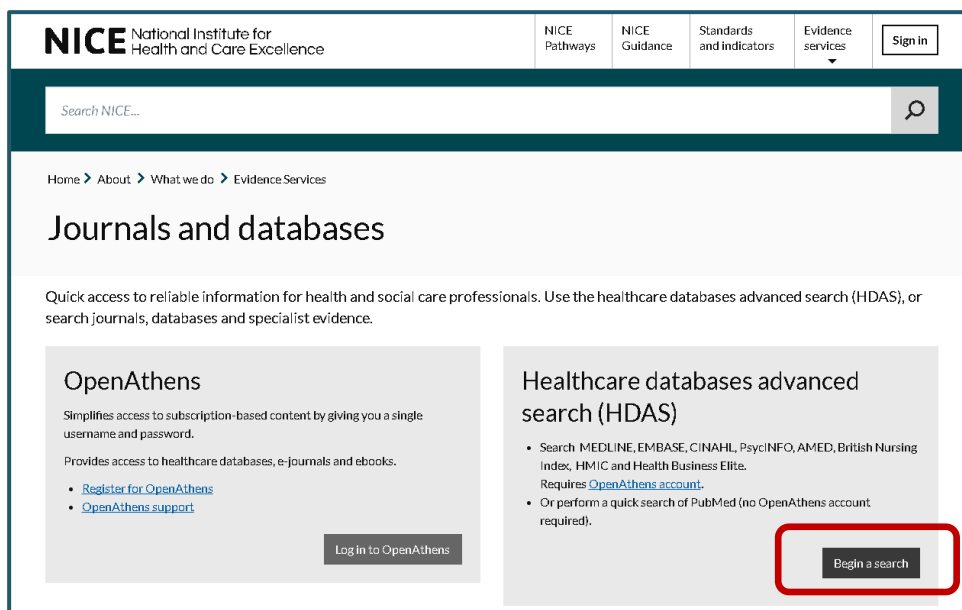
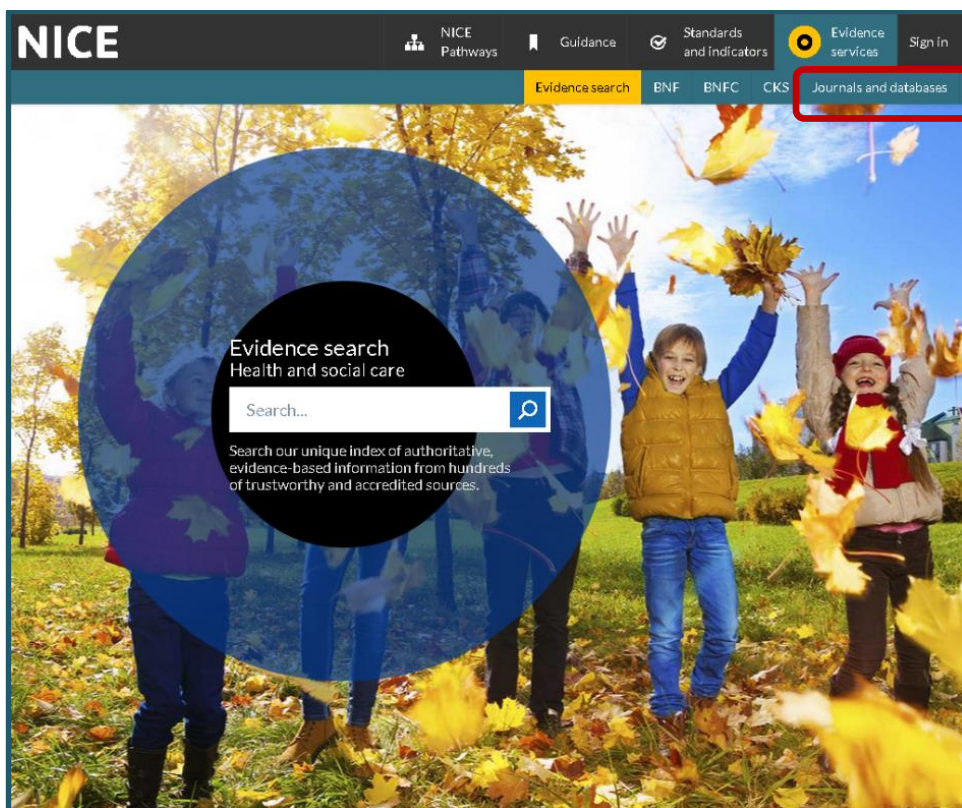


5 min guide to How to search for articles



1. Go to:
www.evidence.nhs.uk
2. Click on 'Journals and Databases' then 'Begin a search' (see images below).



3. You will need to [Login to OpenAthens](#) using your user name and password. If you don't have an account just email us at ashworth.library@merseycare.nhs.uk and we will set one up for you within 2 working days.

NICE Healthcare Databases
Advanced Search

Login to OpenAthens

New Search Strategy Help Cookies

Welcome to HDAS
Please visit the help file for tips, guides and videos on how the features work

We have been notified by the providers of OpenAthens that they will be conducting maintenance on the service between the hours of 7-9 am (UK time) on Tuesday, 10th October and Tuesday, 17th October. Some services may be temporarily unavailable during this period.

Your HDAS session has now ended but you are still logged in to OpenAthens. If you do not logout of OpenAthens or close your browser down at this point, your username and password information will remain active on this machine.
[Logout of OpenAthens](#)

Log in with your OpenAthens account to access all 9 databases, with links to full text journals where available.

Search Enter keywords to search PubMed Search

Databases **Login for all databases**

OpenAthens

Sign in with an OpenAthens account.

Username

Email address or username

Password

Password

Sign in

[Problems signing in?](#)

4. **Select 1 database** (you can only search one database properly at a time)
Medline has excellent coverage and gives a good indication of the amount of research available on any topic.

Add a **search term** e.g.

- “dialectical behavio* therapy”
- Dementia
- “Learning disabilities” OR “intellectual disabilities”

And click **search**

The screenshot shows a search interface with the following elements:

- Search:** A text input field containing "dialectical behavio* therapy".
- Databases:** A grid of buttons for selecting databases. The "Medline" button is checked and highlighted with a red box.
- Search Button:** A dark button labeled "Search" is highlighted with a red oval.
- Fields:** Buttons for selecting search fields: "ti Title", "ab Abstract", "au Author", "is ISSN", "jn Journal Name".
- Limits:** A checkbox for "Limits" is unchecked.
- Display:** Radio buttons for "Results" (checked) and "Search History Only".

5. You can combine different terms to narrow down or expand your results.
- Repeat step 4** as often as you want to add a new term.
 - Tick the boxes** next to the terms you want to combine.
 - Tick **AND** to find articles with both / all the terms in or **OR** to find articles with either one or the other term in.
 - Click '**Combine**'.

The screenshot shows a search strategy table with the following data:

	Database(s)	Search Term	
<input checked="" type="checkbox"/>	Medline	("dialectical behavio* therapy").ti,ab	View Results (569)
<input checked="" type="checkbox"/>	Medline	("borderline personality disorder").ti,ab	View Results (5,124)
<input checked="" type="checkbox"/>	Medline	("self harm" OR self-harm).ti,ab	Viewing (3,880)

Below the table, there are buttons for "AND" (checked), "OR", and "Combine". A red arrow points to the "Combine" button with the text "Click combine".

For a really effective search and advice on when to use AND or OR follow our 3 minute [‘Search tips’ e-guide](#)

6. The number of **results** found by combining the terms (here 1 AND 2 AND 3) will be highlighted by a **green bar**. In the example below Viewing 38.

To choose how **up to date** you want the results to be. Type the **number** of your combined terms line (here 4) in the search bar. Then click **limits** and under **Publication date** use the drop down boxes to alter the **date range**, then click **search**.

<input type="checkbox"/>	1	Medline	("dialectical behavio* therapy").ti,ab	View Results (569)	Edit	🗑️
<input type="checkbox"/>	2	Medline	("borderline personality disorder").ti,ab	View Results (5,124)	Edit	🗑️
<input type="checkbox"/>	3	Medline	("self harm" OR self-harm).ti,ab	View Results (3,888)	Edit	🗑️
<input type="checkbox"/>	4	Medline	{1 AND 2 AND 3}	Viewing (38)		🗑️

The screenshot shows a search interface with the following elements:

- Search Bar:** Contains the number '4', circled in red.
- Search Button:** A black button labeled 'Search', circled in red.
- Databases:** A grid of database selection buttons including AMED, BNI, CINAH, EMBASE, HBE, HMIC, PsycINFO, and PubMed. 'Medline' is selected.
- Limits:** A section with a 'Limits' button circled in red. It includes a 'Publication Date' filter with 'From' set to 2012 and 'To' set to 2017. A dropdown menu for 'Select end year' is open, showing years from 2017 down to 1999, with 2017 highlighted.
- Results Table:** A table at the bottom showing the search strategy and results for each row. Row 4 is highlighted in green and shows 'Viewing (38)'.

7. To look at your **results scroll down the page**. A list of abstracts will be displayed. To look at a record more closely and **read an abstract click on the title**.

Click on title

9. Exploring the effectiveness of combined mentalization-based group therapy and dialectical behaviour therapy for inpatients with borderline personality disorder - A pilot study.
Author(s) Edel, Marc-Andreas; Raaff, Vanessa; Dimaggio, Giancarlo; Buchheim, Anna; Brüne, Martin
Source The British journal of clinical psychology; Mar 2017; vol. 56 (no. 1); p. 1-15
Publication Date Mar 2017
DOI 10.1111/bjc.12123
ISSN 0144-6657
Database Medline
Show Abstract
◦ Available at The British journal of clinical psychology from Wiley Online Library Medicine and Nursing Collection 2017 - NHS
◦ Available at The British journal of clinical psychology from Wiley Online Library Medicine and Nursing Collection 2017 - NHS
◦ More full-text links...

8. If the article is **available online** you will see a blue link similar to the one below. You can **download this immediately** by **clicking on the blue link**, then on **PDF**.

- Available at Depression and anxiety from Wiley Online Library Medicine and Nursing Collection 2017 - NHS
- Available at Depression and anxiety from Wiley Online Library Medicine and Nursing Collection 2017 - NHS

Go to old article view

 PDF

Depression AND Anxiety The official journal of ADAA  Explore this journal >

Info
References
Figures

Research Article

June 2016



View issue TOC
Volume 33, FOCUS ON SUICIDE
Pages 520-530

EFFECTIVENESS OF DIALECTICAL BEHAVIOR THERAPY VERSUS COLLABORATIVE ASSESSMENT AND MANAGEMENT OF SUICIDALITY TREATMENT FOR REDUCTION OF SELF-HARM IN ADULTS WITH BORDERLINE PERSONALITY TRAITS AND DISORDER—A RANDOMIZED OBSERVER-BLINDED CLINICAL TRIAL

Kate Andreasson M.D., Ph.D. ✉, Jesper Krogh M.D., D.M.Sc.,
Christina Wenneberg M.D., Helle K. L. Jessen M.D.,
Kristine Krakauer M.D., Christian Gluud M.D., D.M.Sc.,
Rasmus R. Thomsen Cand. Psych., Lasse Randers Cand. Psych.,
Merete Nordentoft M.D., D.M.Sc.,

First published: 8 February 2016 Full publication history

9. Sometimes you may need to sign in again. Always search the page for the **OpenAthens** link and click on that. **ProQuest** can be a little convoluted.

The image contains two screenshots of the ProQuest website's login page. The top screenshot shows the main login interface with the ProQuest logo and the heading "Trying to access content on ProQuest?". Below this, there are two main options: "Connect through your library or institution" and "Or log in with your ProQuest account". The "Connect through your library or institution" option has a text input field for "Institution:" and a "Find" button. The "Or log in with your ProQuest account" option has text input fields for "Username:" and "Password:" and a "Log in" button. To the right, there are sections for "Other support options" and "For librarians and administrators". A red arrow labeled "Click here" points to the "Try OpenAthens Log in" link under "Other support options".

The bottom screenshot shows the "Login through your library or institution" section. It has two steps: "1. Select your region/federation:" and "2. Choose your library or institution:". Step 1 has a dropdown menu with "Athens (OpenAthens Federation)" selected and a "Select" button. Step 2 has a dropdown menu with "NHS England" selected and a "Login" button. A red arrow labeled "Choose Athens" points to the "Athens (OpenAthens Federation)" dropdown, and another red arrow labeled "Then NHS England" points to the "NHS England" dropdown. Below the dropdowns is a "Note:" section with two bullet points and a "Please consult the librarian at your institution with any questions about this type of access." message. At the bottom, there is a "Contact Us" link and a copyright notice: "Copyright © 2015 ProQuest LLC. All rights reserved. Terms and Conditions".

10. If it is available from our libraries in paper form you will see:

[Available in print at Maghull Library](#) or [Available in print at Rathbone Library](#)

This can then be ordered by contacting the library directly by emailing:

Rathbone.library@mersycare.nhs.uk OR ashworth.library@merseycare.nhs.uk

11. If we don't subscribe to a particular journal we should still be able to borrow or purchase articles for you from other libraries. Please request these by emailing ashworth.library@merseycare.nhs.uk

12. To run the same search in a different database, **tick your final line** (the with all your terms combined and date limited - here 5) , **select a database**, then click **Rerun selected**.

	Database(s)	Search Term			
<input type="checkbox"/>	Medline	("dialectical behavio* therapy").ti,ab	View Results (569)	Edit	🗑️
<input type="checkbox"/>	Medline	("borderline personality disorder").ti,ab	View Results (5,124)	Edit	🗑️
<input type="checkbox"/>	Medline	("self harm" OR self-harm).ti,ab	View Results (3,888)	Edit	🗑️
<input type="checkbox"/>	Medline	(1 AND 2 AND 3)	View Results (38)		🗑️
<input checked="" type="checkbox"/>	Medline	4[DT 2012-2017]	Viewing (27)		🗑️

All **Rerun Searches** Refresh Search Copy AND OR Combine Delete Selected Export Options

Rerun 1 composite searches (5)

AMED BNI CINAHL EMBASE HBE HMIC Medline PsycINFO PubMed **Rerun Selected**

13. The results for the new database will then be generated. Click on **View results** in the final line and follow steps 7-11 to view and download / order your articles.

	Database(s)	Search Term			
<input type="checkbox"/>	Medline	("dialectical behavio* therapy").ti,ab	View Results (569)	Edit	🗑️
<input type="checkbox"/>	Medline	("borderline personality disorder").ti,ab	View Results (5,124)	Edit	🗑️
<input type="checkbox"/>	Medline	("self harm" OR self-harm).ti,ab	View Results (3,888)	Edit	🗑️
<input type="checkbox"/>	Medline	(1 AND 2 AND 3)	View Results (38)		🗑️
<input type="checkbox"/>	Medline	4[DT 2012-2017]	View Results (27)		🗑️
<input type="checkbox"/>	PsycINFO	("dialectical behavio* therapy").ti,ab	View Results (1,519)	Edit	🗑️
<input type="checkbox"/>	PsycINFO	"borderline personality disorder"	View Results (7,751)	Edit	🗑️
<input type="checkbox"/>	PsycINFO	("self harm" OR self-harm).ti,ab	View Results (4,061)	Edit	🗑️
<input type="checkbox"/>	PsycINFO	(6 AND 7 AND 8)	View Results (57)		🗑️
<input type="checkbox"/>	PsycINFO	9[DT 2012-2017]	Viewing (30)		🗑️

To save a search, export results and re-run a previous search see our 3 minute e-guide in our Training section at:



www.evidenceinmind.co.uk